

Curriculum Vitae

General information	
<i>Personal details</i> Name Male/female Date of birth Address for correspondence Telephone E-mail Personal website BIG registration	Clasina (Ineke) van den Berg – de Lange Female May 5, 1955 Rodenrijseweg 223, 2651 BR Berkel en Rodenrijs Erasmus MC: 0031(0)10-7044513 "Rodenrijs": 0031(0)10-5116469 ineke.vandenberg@erasmusmc.nl http://sites.google.com/site/artgroupsite/members/ineke-van-den-berg www.praktijkrodenrijs.nl 79034288404
<i>Academic education and degrees</i> (where, what and when)	Erasmus MC, PhD, 2010 NIHES, MSc Clinical epidemiology 2004 Fysiotherapie SUPA Utrecht, 1978
<i>Doctorate</i> University Date Supervisor(s) Title of thesis	Erasmus University Medical Center Rotterdam December 9, 2010 Promotor: Prof. dr. M.G.M. Hunink Copromotor: Dr. J.J. Duvekot 'The Contribution of Acupuncture and Moxibustion to Healthcare, an Evidence-based Approach'
<i>Work experience since graduation</i>	2011: Post doc researcher Erasmus MC Department Epidemiology (0.4fte, permanent position)
Research	
<i>Brief summary of research over the last five years</i>	To provide more evidence-based results of traditional Chinese Medicine (TCM) applied to Western medicine, we studied TCM in integrated healthcare. The studies in my thesis represent a range of scientific approaches to elucidate possible beneficial effects of acupuncture and moxibustion, as rooted in traditional Chinese medicine. Three fields of TCM were studied in different epidemiological ways. First, we studied the quality of life in a cohort of patients seeking treatment for musculoskeletal complaints at a general acupuncture practice. Second, next to a review of the literature on the attributive effect of acupuncture in inflammatory diseases, we presented a case-control study investigating whether a specified menstrual condition described in TCM as related to CRPS1, could be associated with the risk of developing CRPS1. The results suggest that specific menstrual disorders are associated with the development of CRPS1. The TCM questionnaire used in this study could contribute to the early recognition and diagnosis of female CRPS1 patients Third, we considered the induced version of breech presentation, for which an acupuncture-like treatment can be performed using a single prescribed point. For safety issues we first described the natural history of singleton breech presentation in the generation R study and determined the prognostic value of ultrasound performed at 20 and 30 weeks of gestation in predicting nonvertex delivery. Then, we investigated if acupuncture should be recommended as an effective and cost-effective addition to the standard care in treating women with a fetus in breech position. using meta-analysis, decision modeling, and cost-effectiveness analysis. Indeed, the modeling approach showed that acupuncture-type interventions are both less costly and more effective than expectant management with or without external cephalic version.
<i>Thesis supervision</i>	

Promotor (name, date)	Prof. dr. M.G.M. Hunink 9 dec 2010	
Copromotor (name, date)	Dr. J.J. Duvekot 9 dec 2010	
Grant allocation (year/size(€))		
External funding	Travel grant €5000 euro: The Dutch Association for Acupuncture (N.V.A.)	
Teaching		
<i>Brief summary of teaching over the last five years</i> (max. 200 words)	2012	Teaching 3th year pain consulates: pain relief and acupuncture
	2009-2012	Teaching 4 th year med students VO4, Erasmus MC,
	2005-2007	Teacher Acupuncture and Chinese Herbal Medicine (The Anglo Dutch institute for oriental medicine, Supervisor research projects, Overveen, the Netherlands
	1986-2005	Teacher, professional training Meer Bewegen voor Ouderen, Sportraad Zuid-Holland, 's Gravenhage, the Netherlands
<i>Managing/coordinating</i> (course, target group, ECTS, dates)	Supervising research projects of BSc and MSc students	
	2012	Marion Giesberts, afstudeerscriptie master docentenopleiding VU/EXPOSZ Amsterdam: Titel: De Basic Emotional Structuring Test: een valide instrument voor vroege identificatie van psychopathologie en problematische copingstijlen bij kinderen in de basisschoolleeftijd
	2012	Saskia van der Schans, Master thesis Academie voor Chinese Geneeskunde Qing-Bai. <i>Title:</i> Acupuncture treatment for palpitations in premenopausal women, an investigation through the role of Shén and Emotions and their effects on the Heart.
	2010	Christel Romeijn, Genesis Kozdras, and Wierin Binda Medical Sciences: Elective course 3rd year, Department of Obstetrics & Gynaecology <i>Title:</i> 'Factors associated with non-vertex position of the singleton fetus at term'
	2009	Marielle Kornet, and Marieke de Kruijf, The Rotterdam Institution for Training Midwives, Rotterdam, The Netherlands. <i>Title:</i> "Is het verminderen van een zwangerschapsdepressie met behulp van acupunctuur mogelijk, om het maternale sterftecijfer te verlagen"
	2009	Joyce Vaandrager, and Jantine Buxbaum, The Rotterdam Institution for Training Midwives, Rotterdam, The Netherlands <i>Title:</i> NIET-medicamenteuze aanpak pijnbehandeling tijdens de baring bij laagrisico zwangeren: evidence based practice in NL
	2008	Loek Tan, Master of Science Degree (Medical Sciences), Erasmus University Rotterdam, the Netherlands <i>Title:</i> Health-related quality of life in patients with musculoskeletal complaints in a general acupuncture practice: an observational study.
	2006	Josine Simons, Academy for Physiotherapy "Thim van der Laan" Nieuwegein, The Netherlands. <i>Title:</i> Developmental Coordination Disorder – Mijn kind is 'onhandig'. Een multidisciplinaire aanpak bij kinderen met DCD.
	2005	Ben Jacobs, and Irene Bouman, The Rotterdam Institution for Training Midwives, Rotterdam, The Netherlands. <i>Title:</i> Systematic review of the use of moxibustion for correction of breech presentation
	2004	Marijke Moes, and Barbara van Gelderen, Hogeschool Rotterdam department Physiotherapy, Rotterdam, The Netherlands. <i>Title:</i> The Possible Relation between Menstrual Disorders and Predisposition to CRPS

<i>Developing</i> (course, target group, ECTS, dates)	2009-2010 Developed the Minor: Inleiding Evidence based Integratieve Geneeskunde
<i>Lecturing</i> (course, target group, ECTS, dates)	2011 Acupuncture CPD online webinar: "Turning Breech Babies using Acupuncture and Moxibustion". Four international Acupuncture Pregnancy Specialists are coming together in a free special online event. Hosted by AcupunctureProfessional 2005-2007 Visiting teacher Rijksuniversiteit Groningen (RUG), Complimentary Medicine, Groningen, the Netherlands
Training	
<i>Brief summary of training over the last five years</i>	<p>General academic skills</p> <ul style="list-style-type: none"> - Introduction to Medical Writing, NIHES, Rotterdam, 2003 - Introduction to Statistical Software, NIHES, Rotterdam, 2004 <p>Research skills</p> <p>MSc in Clinical Epidemiology, NIHES, Rotterdam, 2002-2004 (total study workload of approximately 120 ECTS): various courses in research methodology, including: Principles of Research in Medicine and Epidemiology, Study Design, Clinical Decision Analysis, , Introduction to Data-analysis, Regression Analysis, Topics in Evidence-based Medicine, Meta-analysis</p> <p>Traditional Chinese Medicine</p> <p>Shen Acupuncture, Yair Maimom, 2012 Practical Shāng Hǎn Lùn Diploma Course, 2010 Course mindfulness, 2010 Course Scientific English (4 ECT) Traineeship transposition Therapy mrs. Shinka, Macedonia, 2003 Traineeship in International Trainingscentre of Dongzhimen Hospital, Beijing, China, 2001 Nei Jia Stems & Branches Course, The Anglo Dutch institute for oriental medicine, Overveen, the Netherlands. 2000 Psychopunctuur Basic Emotional Structuring Test (BEST) Dr. Med. H. Calehr. 1995-2001</p>
Patient Care	
<i>Brief summary of patient care over the last five years</i>	<p>I studied acupuncture for six years, according to traditional Chinese medicine and Chinese herbal medicine, while continuing to practice as a physiotherapist. After an extra traineeship in China I was awarded my 'Bachelor's Degree in Acupuncture and Chinese Herbal Medicine'.</p> <p>Since 1988, I have increasingly applied the knowledge and skills I obtained in the area of acupuncture and Chinese herbal medicine in my own clinic and in the process, it became clear to me that it yielded very good results in many of my patients. Patients deserve the best of both worlds when it comes to their health. Ideally healthcare blends the best of both worlds by offering patients healthcare options from the perspective of both Western and complementary medicine. In the last five years during the week I see approximately 40 patients per week 44 weeks a year. Clinic for Complementary Medicine "Rodenrijs" 0.5 fte</p>
Scholarships and prizes	2011 Pruimenbloesemprijs
Publications	
<i>Publication list</i> International (refereed) full articles	<p>Publications</p> <ul style="list-style-type: none"> - <i>Health-related quality of life in patients with musculoskeletal complaints in a general acupuncture practice: an observational study.</i> I. van den Berg, L. Tan, H. van Brero, K.T. Tan, A. C. J.W. Janssens , M.G. M. Hunink. <i>Acupuncture in Medicine</i> 2010;28:130-135

	<p>- <i>Correction of nonvertex presentation with moxibustion.</i> I. van den Berg, L. R. Arends, J. J. Duvekot. Letter to the editor: American Journal of Obstetrics and Gynecology 2010 203:2</p> <p>- <i>Cost-effectiveness of Breech Version by Acumoxa for women with a breech foetus at 33 weeks gestation: a modelling approach.</i> I. van den Berg, G. C. Kaandorp, J. L. Bosch, J. J. Duvekot, L. R. Arends, M.G. M. Hunink. Complement Ther Med. 2010 Apr;18(2):67-77. Epub 2010 Feb 7.</p> <p>- <i>Complex regional pain syndrome type 1 may be associated with menstrual cycle disorders: a case-control study.</i> I. van den Berg, Y.S. Liem, F. Wesseldijk, F.J. Zijlstra, M.G.M. Hunink. Complement Ther Med 2009;17:262-8.</p> <p>- <i>Effectiveness of acupuncture-type interventions versus expectative policy to resolve breech presentation: a meta analysis.</i> Van den Berg I, Bosch J.L, Jacobs B, Bouman I, Duvekot J.J, Hunink MGM. Complement Ther Med. 2008 Apr;16(2):92-100.</p> <p>- <i>Anti-inflammatory actions of acupuncture, a review of the literature.</i> Zijlstra, F.J., van den Berg-de Lange, I., Huygen, F.J., Klein, J., Mediators Inflamm, 2003.12(2): p. 59-69</p>
Other (proceedings, conference reports, abstracts, etc.)	<ul style="list-style-type: none"> - Abstract and poster presentation: The Prognostic Value of Ultrasound of Fetal Position in the Generation R study. Ineke van den Berg, Lidia R. Arends, Eric A. P. Steegers, Vincent W.V. Jaddoe, Johannes J. Duvekot, DOHaD 2012 Satellite Meeting: New Developments in Developmental Epidemiology, Netherlands 2012 - Abstract and oral presentation: Effect of acupuncture on pain and inflammation in patients with Complex Regional Pain Syndrome type 1. A small exploratory RCT. 15th World Congress of Pain Clinicians, Granada, Spain, 2012. - Abstract and poster presentation: The Prognostic Value of Ultrasound of Fetal Position in the Generation R study. Ineke van den Berg, Lidia R. Arends, Eric A. P. Steegers, Vincent W.V. Jaddoe, M.G. Myriam Hunink, Johannes J. Duvekot, The Society for Gynecologic Investigation 58th Annual Scientific Meeting 2011, Miami, USA. - Abstract and poster presentation: Effect of acupuncture on pain and inflammation in patients with Complex Regional Pain Syndrome type 1. A small randomized controlled trial. I. van de Berg, F. J. Zijlstra, F. Huygen, M. G.M. Hunink, ICCMR 2010, 5th International Congress on Complementary Medicine Research, Tromsø, Norway. - Abstract and poster presentation: Effect of acupuncture on pain and inflammation in patients with Complex Regional Pain Syndrome type 1. A small randomized controlled trial. I. van den Berg, F.J. Zijlstra, F. Huygen, M.G.M. Hunink. Society for Acupuncture Research 2010 International Conference Translational Research in Acupuncture: Bridging Science, Practice & Community. March 19-21, 2010 - Chapel Hill, North Carolina, USA. - Abstract and poster presentation: Health-related quality of life in patients with musculoskeletal complaints in a general acupuncture practice: an observational study. I. van den Berg, L. Tan, H. van Brero, K.T. Tan, A. C. J.W. Janssens, M.G. M. Hunink. Poster presentation, 2nd European Conference for Integrative Medicine, Berlin - November 20 - 21, 2009 - Abstract and poster presentation: Cost-effectiveness of Breech Version by Acumoxa for women with a breech foetus at 33 weeks gestation: a modelling approach. I. van den Berg, G. C. Kaandorp, J. L. Bosch, J. J. Duvekot,

	<p>L. R. Arends, M.G. M. Hunink Poster presentation 2nd European Conference for Integrative Medicine, Berlin - November 20 - 21, 2009</p> <ul style="list-style-type: none"> - Abstract and poster presentation: I. van den Berg, G. Kaandorp, J.L. Bosch, W. Hop, J.J. Duvekot, M.G.M. Hunink. Fewer Caesarean sections with the aid of Breech-version Acumoxa: Decision analysis of effectiveness and cost. Annual Conference of the society for Acupuncture Research 10 Years post-NIH Consensus Conference, Baltimore, USA 2008 - Abstract and oral presentation: van den Berg - de Lange I, Wesseldijk F, Zijlstra F.J, Menstrual Cycle Disorders: Indication of Predisposition in Development of Complex Regional Pain Syndrome¹?, 14th Annual Symposium on Complementary Health Care, London, UK, 2007, FACT - Abstract and oral presentation: I. van den Berg, G. Kaandorp, J.L. Bosch, W. Hop, J.J. Duvekot, M.G.M. Hunink. The effectiveness and cost-effectiveness of Breech Version Acumoxa compared to standard care to correct breech presentation, 13th Annual Symposium on Complementary Health Care, Exeter, UK, 2006, FACT - Abstract and oral presentation: I. van den Berg, B.Jacobs, I. Bouman, J.L. Bosch, M.G.M. Hunink, Effectiveness of acupuncture-type interventions to resolve breech presentation compared to expectative policy, a meta-analysis, 12th Annual Symposium on Complementary Health Care, Exeter, UK, 2005, FACT - Abstract and oral presentation: van den Berg–de Lange I, Wesseldijk F, Niehof S, Huygen FJPM, Zijlstra FJ Registration of effects after acupuncture in complex regional pain syndrome by computer-assisted video thermography. 10th Annual Symposium on Complementary Health Care, London, UK, 2003, FACT - Dutch translation of the booklet: Natural pain relief techniques for childbirth using acupressure; promoting a natural labour and partner involvement. Copyright Debra Betts 2003 ©. ISBN 0-473-04467-6
<p>Invited plenary lectures (meeting, dates)</p>	<ul style="list-style-type: none"> - 42nd TCM Kongress Rothenburg: June 2011: TCM and Science Day: Complex regional pain syndrome and menstrual disorders: the diagnostic value of TCM - NVA Annual meeting April 2011; De bijdrage van acupunctuur en moxa-therapie aan de gezondheidszorg: vijf perspectieven - Hong Kong International Acupuncture Conference January 14-16 2011: Cost-effectiveness of Breech Version Acumoxa for women with a breech fetus at 33 weeks gestation: a modeling approach - 7th World congress of Chinese Medicine 2010, 1-2 October 2010, The Hague, The Netherlands - International Acupuncture Congress 19./20. September 2009, Olten, Switzerland. Presentation of the Dutch translation of the booklet: Natural pain relief techniques for childbirth using acupressure; promoting a natural labour and partner involvement. Copyright Debra Betts 2003 ©. ISBN 0-473-04467-6 - ETCMA Symposium March 2009: Research: What, How and for Whom? Zurich, Switzerland, 2009 - Acupuncture and Science. Jubilee congress 30 years NVA, March 14, 2007, Ermelo, The Netherlands - Chronic CRPS and acupuncture: a new approach. Symposium Integration of Eastern & Western Medicine, 2006, Amsterdam, The Netherlands - Effectiveness of acupuncture-type interventions to resolve breech presentation compared to expectative policy, a meta-analysis, Symposium Integration of Eastern & Western Medicine, 2006, Amsterdam, The Netherlands

Reviewer	<ul style="list-style-type: none">- Acupuncture in Medicine- European Journal of Integrative Medicine